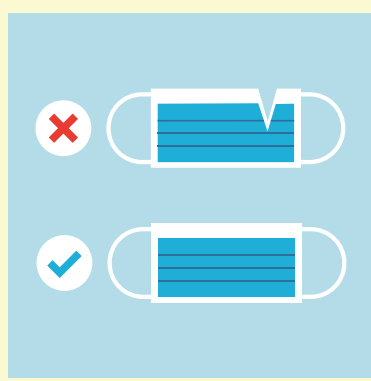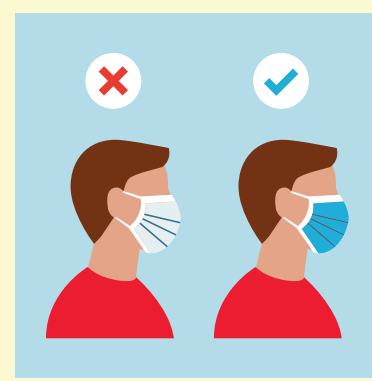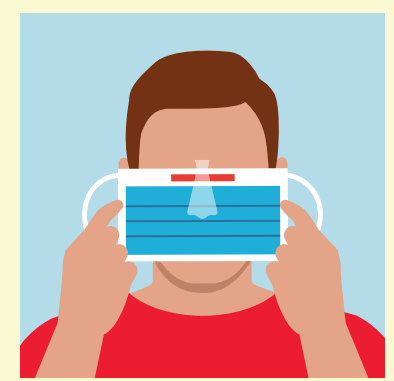# HOW TO PROPERLY WEAR A MASK

Wash your hands before wearing a mask
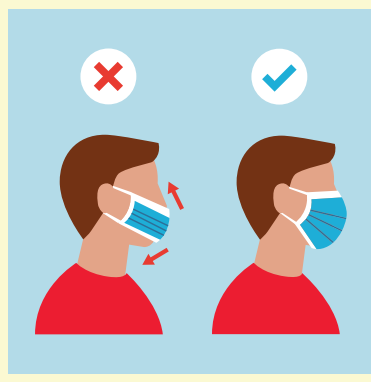
Check the mask to make sure it is not damaged

Ensure the proper side of the mask faces outwards

Locate the metal strip and place it on the nose bridge

Secure the strings behind your head or over your ears

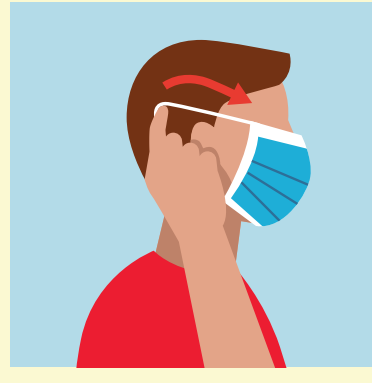Cover mouth and nose fully making sure there are no gaps

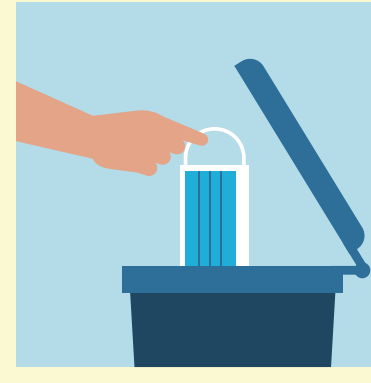Press the metallix strip to fit the shape of the nose

Replace the mask if it gets damp and do not reuse it

Do not touch the mask while using it. If you do, wash your hands

Remove the mask from behind by holding the strings with clean hands

Dispose the mask in a closed bin without touching the front